

AFTER VISIT SUMMARY

Aidan W. Goodnight-Ralidak MRN: 2277066

📅 6/4/2025 1:00 PM 📍 Psychiatry at Seattle Children's Magnuson 206-987-2164

Today's Visit

You saw Alyssa Zirkman and Julianne Cronin on Wednesday June 4, 2025. The following issue was addressed: Attention deficit hyperactivity disorder (ADHD) evaluation.

What's Next

JUN
11
2025

Psychiatry Parent Group Visit with Alyssa Zirkman; Julianne Cronin

Wednesday June 11 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** class.

Note that you will need to use eCheck-in through MyChart up to 45 minutes prior to your appointment time. **You will not be able to launch your video visit in MyChart until eCheck-in is complete,** then you will be able to begin the video visit in MyChart which will connect you, through Zoom, to your appointment. Please log in 15 minutes prior to your appointment to allow enough time to complete these required steps and make sure the device you are using has a working camera and microphone. Choose a location that is private and free from disruption or distraction.

If you need help getting your video visit set up or something goes wrong during your appointment visit SeattleChildrens.org for further instructions and support.

To cancel or reschedule: 206-987-2164

What's Next (continued)

JUN
18
2025

Psychiatry Parent Group Visit with Alyssa Zirkman; Julianne Cronin

Wednesday June 18 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** class.

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To cancel or reschedule: 206-987-2164

JUN
25
2025

Psychiatry Parent Group Visit with Alyssa Zirkman; Julianne Cronin

Wednesday June 25 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** class.

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To cancel or reschedule: 206-987-2164

What's Next (continued)

JUL
9
2025

Psychiatry Parent Group Visit with Alyssa Zirkman; Julianne Cronin

Wednesday July 9 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** class.

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To cancel or reschedule: 206-987-2164

JUL
16
2025

Psychiatry Parent Group Visit with Alyssa Zirkman; Julianne Cronin

Wednesday July 16 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** class.

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To cancel or reschedule: 206-987-2164

What's Next (continued)

JUL
23
2025

Psychiatry Parent Group Visit with Alyssa Zirkman; Julianne Cronin

Wednesday July 23 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** class.

Note that you will need to use eCheck-in through MyChart up to 45 minutes prior to your appointment time. **You will not be able to launch your video visit in MyChart until eCheck-in is complete,** then you will be able to begin the video visit in MyChart which will connect you, through Zoom, to your appointment. Please log in 15 minutes prior to your appointment to allow enough time to complete these required steps and make sure the device you are using has a working camera and microphone. Choose a location that is private and free from disruption or distraction.

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To cancel or reschedule: 206-987-2164

JUL
30
2025

Psychiatry Parent Group Visit with Alyssa Zirkman; Julianne Cronin

Wednesday July 30 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** class.

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To cancel or reschedule: 206-987-2164

What's Next (continued)

AUG
6
2025

Psychiatry Parent Group Visit with Alyssa Zirkman; Julianne Cronin

Wednesday August 6 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** class.

Note that you will need to use eCheck-in through MyChart up to 45 minutes prior to your appointment time. **You will not be able to launch your video visit in MyChart until eCheck-in is complete,** then you will be able to begin the video visit in MyChart which will connect you, through Zoom, to your appointment. Please log in 15 minutes prior to your appointment to allow enough time to complete these required steps and make sure the device you are using has a working camera and microphone. Choose a location that is private and free from disruption or distraction.

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To cancel or reschedule: 206-987-2164

AUG
13
2025

Psychiatry Parent Group Visit with Alyssa Zirkman

Wednesday August 13 1:00 PM (Arrive by 12:45 PM)

This is a video-conferencing appointment with a pediatric specialist.

You are not required to be at Seattle Children's Hospital for this appointment. This is a **parent only** appointment. Your child does not need to be present.

Note that you will need to use eCheck-in through MyChart up to 45 minutes prior to your appointment time. **You will not be able to launch your video visit in MyChart until eCheck-in is complete,** then you will be able to begin the video visit in MyChart which will connect you, through Zoom, to your appointment. Please log in 15 minutes prior to your appointment to allow enough time to complete these required steps and make sure the device you are using has a working camera and microphone. Choose a location that is private and free from disruption or distraction.

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To cancel or reschedule: 206-987-2164

Important Phone Numbers

Seattle Children's Main Hospital: 206-987-2000, 1-866-987-2000 (toll-free)

To Schedule Radiology: 206-987-2089, option 1

Interpreter services

If you have questions about today's visit or your follow-up instructions, call the clinic at the number at the top of your After Visit Summary. If you need an interpreter, call the toll-free Family Interpreting Line at 1-866-583-1527. Tell the interpreter the name of the clinic you need.

Flu Vaccine Information:

We strongly recommend that all eligible patients and household contacts receive an annual flu vaccine. Flu vaccines are now available at Seattle Children's. Your child can receive the vaccine during an in-person appointment or hospital stay. Patients, family members and household contacts ages 3 and older can also get the vaccine at participating pharmacies by downloading a flu voucher at www.seattlechildrens.org/fluvoucher.

Patient and Family Education



Access links to handouts, videos, and more from Seattle Children's, and reliable sources outside of Seattle Children's. If you need educational resources that are not listed or in other languages, please contact your clinic.
[Patient and Family Education - Seattle Children's \(seattlechildrens.org\)](http://www.seattlechildrens.org/patient-family-education)

To Learn More about Seattle Children's Clinics:

<https://www.seattlechildrens.org/clinics/>

How was your visit? If we contact you by phone or mail with a survey, please tell us how it went.

MyChart

To access this patient's health information go to mychart.seattlechildrens.org

